Want to make a difference? Help kids connect learning with life? **Help develop these.**

**Cognitive Competency**
Prior knowledge that organizes the mind and provides associations to support new learning.

**Metacognitive Competency**
Self regulation of learning and use of learning strategies (e.g., problem solving, synthesis, creative thinking).

**Motivational Competency**
Engagement and persistence in pursuit of goals (learning + life).

**Social-Emotional Competency**
Sense of self-worth, regard for others, and emotional understanding + management to set goals and make responsible decisions.

**Competence**
The possession of knowledge and skills sufficient to perform a job or a task successfully.

**Competency**
Evolving development of related capabilities that support learning, goal setting, and attainment.

**Personal Competency**
An individual’s interrelated cognitive, metacognitive, motivational, and social/emotional competencies.